



Illicit and Illegal Drugs Policy

Aim

The aim of this policy is to define AUSC’s stance against prohibited substances, illicit and illegal drugs, and synthetic drugs or compounds that aim to mimic the effects of existing illicit drugs.

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1 Background

The use of prohibited substances, illicit and illegal drugs, and synthetic drugs or compounds that aim to mimic the effects of existing illicit drugs are harmful to members and may result in serious injuries or death. As such there is a blanket ban on all such substances when partaking in club activities.

2 Revision

This policy is to be maintained and reviewed by the AUSC Committee.

3 Application

This policy applies to all members who participate in AUSC activities.

4 Illicit and illegal drugs

Prohibited substances, illicit and illegal drugs, and synthetic drug or compounds that aim to mimic the effects of existing illicit drugs are not to be taken to any activity or used before or during any club activities under any circumstances. Such substances have the potential to severely interfere with the ability to safely partake in club activities where level of consciousness and ability to make decisions may be compromised. Such substances can also interact with the effects of nitrogen narcosis causing even stronger effects underwater with detrimental consequences. Illicit substance use not only places the substance user at risk of injury or death but also compromises the safety of others partaking in club activities.

Please note prohibited substances also include prescription medications that have been obtained without a prescription.

5 Supplements and herbal remedies

Members should also be aware some over the counter supplements and herbal remedies can also adversely affect the safety of participation in club activities. Many supplements are not well researched when it comes to the underwater environment where effects and side effects could be significantly increased to the detriment of your ability to partake safely. If in doubt seek advice from a suitably qualified doctor.

6 Penalties

AUSC will act in a discreet and confidential manner regarding all information relating to this policy and associated reporting of illicit drug usage. However, depending on the nature and seriousness of a breach, the Police or the University of Adelaide may be contacted to deal with the situation.

Members that do not comply with our zero-tolerance policy may have a penalty imposed which could include suspension or termination of membership, and a ban on future membership. The duration of suspension or ban to be determined by the Executive Committee in conjunction with Adelaide University Sport.

7 Document control

Revision (Date)	Person	Comments
0 (13/10/2015)	Author: David Warren Reviewed: Committee (via Meeting 13/10/2015) Approved: David Warren	Document released to club membership.
1 17 October 2023	Author: Jade Bruggeling & Tim Brown Reviewed: Committee via FB chat group Approved: Committee (06/11/2023)	Amend letterhead and references to AU Sport & Fitness. Delete ref to athlete and insert ref to member. Deleted references to professional sport now UWR has departed. Added references to synthetic drugs. Added references to unpredictable nature of drugs underwater. Added warning for herbal remedies and underwater usage. Added penalty clause that matches our Smoke Free Policy